

MAY 2026 ACTIVITIES

 = Activity @ Mac Rec

 = Activity @ City Hall



MACEDONIA SENIOR CENTER

Mac Rec: 1494 E. Aurora Rd.
City Hall: 9691 Valley View Rd.
Macedonia, OH 44056
330-468-8340
lgriffith@macedonia.oh.us

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

INDOOR Garden PARTY

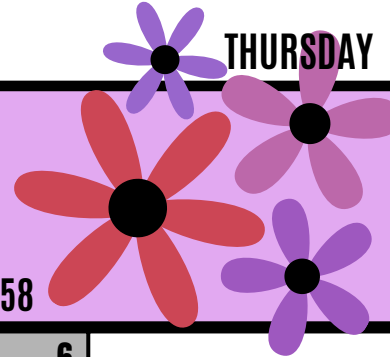
a fun-filled
afternoon of food,
music, raffles,
prizes, and
entertainment!

TUESDAY, MAY 19

1:30 - 3:30 PM
SUMMIT POINT

9633 Valley View Rd

RSVP to Michelle at 330-348-6858



FOOT CARE APPOINTMENTS 1
Dr. PODUSKA - 216-662-0027

**11am - Long Term
Care Insurance**
PRESENTED BY: ASSISTING
HANDS HOME CARE

11:45am - \$5 Lunch

B I N G O AFTER LUNCH!

8am - RESIDENT BUS TRIP 4
REGISTRATION OPENS
10am - Walking Club
Longwood Park

12pm - Mahjong

FOOT CARE APPOINTMENTS 5
CALL 216-956-0293

10:10am - Tai Chi
Fitness Room

2:45pm - Zumba Gold
Fitness Room

10am - Exercise 6
10:45am - Line Dancing

11am - Hudson Meadows

11:45am - \$5 Lunch

B I N G O AFTER LUNCH!

10:10am - Tai Chi 7
Fitness Room

**11:15am - Mind
Challenge Trivia**

11am - Card Club 8
NO LUNCHEON

5:30pm - SENIOR PROM
\$20/Person
+ Call to register
by May 1st!

8am - NON-RESIDENT BUS TRIP 11
REGISTRATION OPENS
10am - Walking Club
Longwood Park

12pm - Mahjong

10:10am - Tai Chi 12
Fitness Room

2:45pm - Zumba Gold
Fitness Room

10am - Exercise 13
10:45am - Line Dancing

11am - Audio Nova

11:45am - \$5 Lunch

B I N G O AFTER LUNCH!

10:10am - Tai Chi 14
Fitness Room

**11:15am - Mind
Challenge Trivia**

11am - Card Club 15

11:45am - \$5 Lunch

B I N G O AFTER LUNCH!

10am - Walking Club 18
Longwood Park

12pm - Mahjong

1pm - Book Club

10:10am - Tai Chi 19
Fitness Room

1:30pm - Indoor Garden Party
at Summit Point

2:45pm - Zumba Gold
Fitness Room

**3pm - Golden Gamers
Board Game Club**

10am - Exercise 20
10:45am - Line Dancing

11am - Probate 101

11:45am - \$5 Lunch

B I N G O AFTER LUNCH!

10:10am - Tai Chi 21
Fitness Room

1pm - B I N G O
SPONSOR: GRAND VILLAGE

11am - Card Club 22

11:45am - \$5 Lunch

B I N G O AFTER LUNCH!

MEMORIAL DAY

CLOSED

10:10am - Tai Chi 26
Fitness Room

2:45pm - Zumba Gold
Fitness Room

10am - Exercise 27
10:45am - Line Dancing

**11am - Nordonia Hills
Chiropractor**

11:45am - \$5 Lunch

B I N G O AFTER LUNCH!
6pm - Medicare 101

10:10am - Tai Chi 28
Fitness Room

11:45am - \$5 Lunch 29

B I N G O AFTER LUNCH!

MAY 2026 MEALS

= Home Delivered Meal
 = Luncheon @ City Hall



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TUESDAY

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THURSDAY

FRIDAY

MEAL DELIVERY:
\$40/MONTH
LUNCHEON:
\$5/MEAL

IMPORTANT REMINDER FOR LUNCHEON ATTENDANCE

Please remember to add name to sign in sheet at check in or call a few days ahead if you plan to attend a luncheon.

Thank you!

Teriyaki Madness

			1
			Teriyaki Madness
5	6	7	8
Taco Salad	Braised Beef & Gravy	Chicken Salad Sandwich	NO LUNCHEON SENIOR PROM
12	13	14	15
Ravioli	Chicken Bruschetta Pizza	Chef Salad	Burger Bar
19	20	21	22
Sweet & Sour Meatballs	French Onion Chicken	Hot Dog	Pork Chops
26	27	28	29
Roman Chicken	Assorted Croissant Sandwiches	Beef Stroganoff	Salad Bar

IN THE KNOW **MAY** 2026



BOOK OF THE MONTH:

In The Woods by Tana French

NEXT DISCUSSION: **Monday, May 18** at City Hall Community Room.



DR. PODUSKA will return on **Friday, May 1**. Call 216-662-0027 to schedule your appointment with Dr. Poduska. **RELIABLE NURSE FOOT CARE** will return **Tuesday, May 5**. Call the nurse at 216-956-0293 to schedule your appointment.



Summer Bus Trip registration opens for Nordonia Hills Residents Monday, May 4 at 8am. Non-Residents may begin registering on Monday, May 11 at 8am. **Bus Trips fill up quickly!** Do not hesitate to secure your spot but **PLEASE, NO CALLS BEFORE 8AM!** Voicemails left before 8am will not be returned until everyone else has been called back.



Mahjong will move back to the Senior Game Room at City Hall starting **Monday, May 4 at 12pm.**



NEW! Outdoor Walking Club - Every Monday starting **Monday, May 4 at 10am.** Meet up with friends at Longwood Park by the pavilions and get your steps in! Weather permitting. No registration required.



MEDICARE 101 Information sessions held the last Wednesday of the Month in the City Hall Community Room. Next session: **Wednesday, May 27.** Call Justin at 216-901-9300 for details!



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THE LONGEST DAY

ALZHEIMER'S ASSOCIATION

Throughout the month of May, we will be raising funds and awareness for the Alzheimer's Association to support research and provide care for those with the disease and their caregivers. A purple table with information and a collection jar will be available at all luncheons. All proceeds go to the Alzheimer's Association. Join in the fight to end Alzheimer's!

MAY BUS TRIP REMINDER:

- Tuesday, May 5 - Ms. Holmes & Ms. Watson - 10:45am
- Friday, May 15 - Cleveland Ballet: Cinderella - 9:30am
- Thursday, May 21 - Presque Isle - 9:00am
- Wednesday, May 27 - Guardians Game - 11:30am
- Thursday, May 28 - RH Rooftop Restaurant - 11:30am

PRIOR REGISTRATION REQUIRED! BUS LEAVES PROMPTLY FROM MACEDONIA CITY HALL AT THE TIME LISTED. FOR MORE INFORMATION ABOUT BUS TRIPS, CALL LEAH AT 330-468-8340